

Sarah Stenuf
Veteran's Ananda, Inc.
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Sarah Stenuf is a native of Syracuse, NY. She served 4 years and 1 deployment in the U.S. Army, prior to being medically retired for epilepsy from a TBI and PTSD. Sarah's mission is to educate others about post-service issues and eradicate veteran suicide.

Which is why Mrs. Stenuf founded Veteran's Ananda Inc., a 501(c)(3) nonprofit establishing veteran villages and retreats that provides care, support, and rehabilitation to our nation's veterans and their families through traditional and nontraditional treatments and therapies - riding a one-size fits all approach to support and healing.

Mrs. Stenuf is also the Founder and CEO of Ananda Farms, LLC - Veteran's Ananda for-profit subsidiary. Ananda Farms is the ONLY NYS DEA hemp cultivation license holder in Oswego County. The farm is located on a beautifully, serene 22-acre farm that has gorgeous organic soil, private wells, 6 USDA hydroponic greenhouses, a processing facility, private bar coding facility, a walk-in cooler, a workshop, and much more! Ananda Farms will provide jobs, opportunities, and incentives to veterans and their families. 10% of Ananda Farm's proceeds will be donated to Veteran's Ananda Inc.

She shares her story and continues to educate people throughout the country; in order to help create much more education and awareness around trauma and PTSD, so to A) possibly stop trauma from happening and/or B) bring awareness to healthy management of our psychological issues.

Through her community efforts, she noticed that by helping others, she created these beautiful relationships that were built on a foundation of hope. Hope that created positive change. Because when a person has hope, a family has hope and when a family has hope, a community in turn, has hope.

Stenuf firmly believes that it is our social responsibility to help one another in the community. And if we could all come to that recognition and help one another, then we can create an evolution.